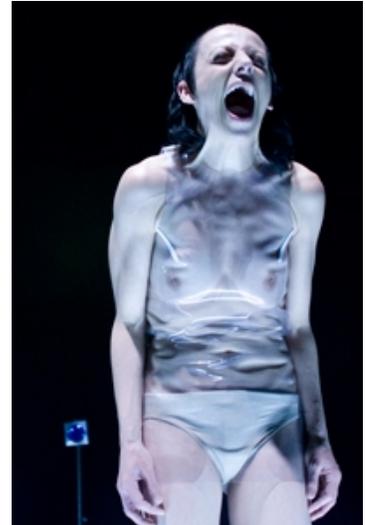


Confuse yourself till it just makes sense **Movement & Improvisation workshop** **- with Litsa Kioussi -**



The workshop aims to create a territory that offers the opportunity of freedom of research, choice and evolution of the singularity.

In the first part, a series of exercises will be given focusing on understanding the body's anatomy and its correct use. Major importance is given to the senses, to the trust towards a foreign body and the challenge of boundaries. Gradually, further information is added which allows everyone, by using his / her knowledge and abilities, to function on a given movement vocabulary that is based on strong theatricality, intense changes of rhythm, dynamics, directions and levels, with emphasis on smaller and detailed movements.

The second part functions as the evolution of the first by heading towards a re-construction of the already existing material, through several tools of improvisation.

By using a palette of movement, voice, a song, a painting, a movie or an insect, each participant experiments, locates, rejects, expands, creates his / her personal range. Through this process - individually, in couples, in groups - the initial material, after falling apart, is transformed and reconstructed.

The workshop is open to professionals or amateurs who have practised any kind of physical activity .

The workshop will give participants a taste of my personal approach to research and creation in my work which is greatly influenced by the post-punk and experimental music scene, cinema and performing arts.

Litsa Kioussi (1977) was born and grew up in Athens, Greece, where she received her BFA in Dance from the D. Grigoriadou School of Dance. Upon her graduation she was invited as a guest-student in Teatro Carcano, in Milan. In 2001 she moved to New York as a scholar of the Merce Cunningham Studio as well as in Movement Research. She has collaborated and performed extensively in various festivals and venues in Europe, USA and Asia with Cosmin Manolescu (RO), Chantal Yzermans/Radical Low (B), Sven Seeger (D), UnitControl/Bernard Baumgarten (LU/D), Veronika Riz (I), Louise Wagner (D) a.o.

In 2007, together with the actor Marco Wittorf and the musician /composer Sebastian Hilken, she created the dance-concert „Dream Inspector“ and the solo „watching alice“ with which she has been performing in clubs, galleries and theatres in Athens (Rebound club), Kassel („Temporary Home“- Documenta 12), Berlin (Brotfabrik, Schwelle7), Leipzig (Schaubühne Lindenfels) and Essen („638 Kilo Tanz und weitere Delikatessen“ Festival), Off-limits Festival (Dortmund).

Her new project „Where is the most beautiful funeral?“ premiered in October 2010 at Schaubühne Lindenfels in Leipzig. At Eira33/Lisbon, she started „Visiting time“, a serie of improvisation events . She has created "Scratching from the inside" (2010) and "As they quietly shout" (2009) for the graduates of Tanzakademie Balance1 / Berlin.

She teaches technique and improvisation classes and workshops in Tanzakademie Balance1 in Berlin, Danswerkhuys in Antwerp, Norske Dansekunstnere in Oslo, and N.Kondaxaki Dance Academy in Athens.

Date

8 & 9 October 2011

Time

10:00-16:00

Place

TBC

Cost

100€ (full price)

70€ (Concessions for students)

Information and Registration

litsakioussi@gmx.net / +4915159207469

(deadline for application 1.10.11)